

29th Annual

Join Us in Boston!

Seaport World Trade Center
Boston, Massachusetts

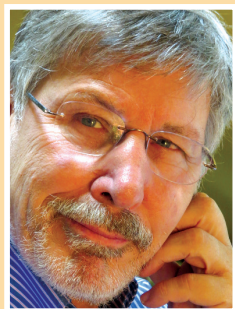
May 30 - June 2, 2018

International Trauma Conference

Psychological Trauma

Neuroscience, Identity and Self

FEATURING



Conference Director:

Bessel A. van der Kolk, MD

With:

Margaret E. Blaustein, PhD

Judson Brewer, MD, PhD

Sherain Harricharan, PhD

Ruth Lanius, MD, PhD

Gabor Maté, MD

Michael Mithoefer, MD

Stephen W. Porges, PhD

Matthew Sanford

Richard C. Schwartz, PhD

Elizabeth Warner, PsyD

Rev. Gloria E.

White-Hammond, MD, MDiv

and many more!

The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming attachment and social experiences in childhood ("Developmental Trauma"), this endeavor has elucidated how certain experiences can "set" psychological expectations and biological selectivity.

When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on drugs or cognition. We have learned that most experience is automatically processed on a subcortical level of the brain; i.e., by "unconscious" interpretations that take place outside of conscious awareness. Insight and understanding have only a limited influence on the operation of these subcortical processes, but synchrony, movement and reparative experiences do.

CONFERENCE HIGHLIGHTS

FRIDAY, JUNE 1, 2018

The Effects of Traumatic Stress on Self-Experience: Balance, Perception & Sensory Integration

The Psychological Processing of Traumatic Experience: Self-Awareness, Interoception & Memory Processing - How (and How Well) Does EMDR Actually Work?

The Craving Mind: Why We Get Stuck in Habits & How Mindfulness Helps Us Get Unstuck

The Emergence of a Polygenic-Informed Therapy: How Music & Voice Contribute to Healing Following Trauma

WEDNESDAY & THURSDAY

Pre-conference you won't want to miss!

SATURDAY, JUNE 2, 2018

The Effects of Trauma on the Mind-Body Relationship in Everyday Life: Posture, Balance, Self-Awareness, Sensory Integration, Giving and Receiving

When the Body Says No: Trauma, Physical Illness and Self Care

The Evolution of Child Trauma Treatment: 15 Years of Attachment, Regulation and Competency (ARC)

Amazing Grace: Journey to Wellness - The Intersection of Spirituality & Medicine to Promote Personal Healing and Community Wholeness

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