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Limitations of Research and Potential Risks:

The research on which this workshop is based has the following **limitations**:

- 1. The results are generated by research paradigms (i.e. quantitative and qualitative) that are limited by their methodologies, psychometrics (operational definitions), and sampling procedures.
- 2. The results may only apply to the subjects used in and at the time of the research.
- 3. The results of the research have not been replicated using different samples.

The **potential risks** of applying the research supporting this workshop are:

- 1. The most common risk is that the interpretations and applications of the results may not apply to individual, ethnic and cultural groups not sampled.
- 2. The most severe risk is that the misapplication of the results may be counterproductive to an individual's health and/or functioning.