

Intro to Month 12 - Wrapping Up

Pamela: Hi everybody. Welcome to month 12. Great to see you. Toni and I are together again for this final segment of our program and we're both happy to be here and together again, right?

Toni: We are happy to be here and happy to be together again. Yes.

Pamela: Good. Yeah. Good.

Toni: How does it feel that we're wrapping this up right now?

Pamela: Yikes.

Toni: Yikes.

Pamela: You didn't tell me you were going to ask me that. [crosstalk 00:00:27]

Toni: I'll ask you later.

Pamela: Okay. Ask me later after I've had a chance ... I don't know. Kind of exciting and kind of sad. How about you?

Toni: Yeah. Same.

Pamela: Yeah.

Toni: It's been great and it feels good to be wrapping up.

Pamela: Yeah. Great. So you want to tell everybody what we're going to do this month?

Toni: We're going to start the next segment with Pamela doing a comprehensive overview of all that you have learned over these last 11 months and followed by me talking about some of the challenges that IFS therapists face, both with their clients and within themselves. Then we're going to take some time to talk to you about next steps, how you can continue your learning, either as someone who has not been trained in IFS or some of you who are experienced IFS therapists, and also about the continued web program that CSL will be offering.

Pamela: Right. Right. Great. Okay.

Toni: Great. All right.

Pamela: Terrific.

Toni: Well, I'll see you later.

Pamela: Okay.

Toni: You're on next.

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Pamela: Great.

Toni: Bye bye.

Pamela: Bye.